



## NEW PATIENT DEMOGRAPHICS

PATIENT INFORMATION		
<b>Last Name:</b>	<b>Suffix:</b>	<b>DOB:</b>
<b>First Name:</b>		<b>Social Security #:</b>
<b>Preferred Name:</b>		<b>Gender: F M</b>
<b>Middle Name:</b>		<b>Home Phone:</b>
<b>Mailing Address:</b>		<b>Cell Phone:</b> <b>Consent to text? Y N</b>
<b>Zip Code:</b>		<b>Work Phone:</b>
<b>City:</b>		<b>Email:</b>
<b>State:</b>		<b>Contact Choice: Home Cell Work Portal</b>
<b>Primary Care Provider:</b>		<b>Preferred Pharmacy:</b>
<b>Phone number:</b>		<b>Location:</b>
<b>Driver's License # :</b> <b>State:</b>		<b>Primary Language:</b>
<b>Race:</b> American Indian or Alaska Native    Asian    Black    Other Pacific Islander    White    Decline		
<b>Ethnicity:</b> Hispanic or Latino    Not Hispanic or Latino    Unknown    Decline to answer		
<b>Marital Status:</b> Married    Single    Divorced    Separated    Widowed    Partner    N/A		
<b>How did you hear about ORCA?</b> Provider (MD, DO, ND, PA, ND, PT) Name: _____ TV Commercial    Radio Commercial    Internet search    Website    Insurance Company    Other _____ Friend    Relative    Neighbor    Name: _____		
INSURANCE INFORMATION		
Workers' Comp or Motor Vehicle Accident Claim <i>(If applicable)</i>		
<b>Insurance Name:</b>	<b>Employer when injured:</b>	
<b>Address:</b>	<b>Address:</b>	
<b>Claim Number:</b>	<b>Adjuster's Name:</b>	
<b>Injury date:</b>	<b>Phone:</b>	
<b>Body part injured:</b>	<b>Fax:</b>	
Primary Insurance	Secondary Insurance	
<b>Insurance Name:</b>	<b>Insurance Name:</b>	
<b>Member ID:</b> <i>(VA patients, please use Social Security Number)</i>	<b>Member ID:</b> <i>(VA patients, please use Social Security Number)</i>	
<b>Group ID:</b>	<b>Group ID:</b>	
<b>Policy Holder Name:</b>	<b>Policy Holder Name:</b>	
<b>Policy Holder DOB:</b>	<b>Policy Holder DOB:</b>	



Relationship to patient:	Relationship to patient:
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GUARANTOR / GUARDIAN INFORMATION <i>(If other than patient)</i>			
Last Name:	Suffix:	DOB:	Social Security #:
First Name:		Gender:	
Middle Name:		Phone:	
Relationship to patient:		Email:	
Address: _____ Same as patient		Employer:	

EMERGENCY CONTACT INFORMATION	
<p>I give permission for ORCA to speak to the following people regarding my medical and/or billing information. I understand that when I designate another person to authorize treatment on my behalf, ORCA may release protected health information, relative to that decision, to that designated person.</p> <p>Initial: <input type="text"/></p>	
Name:	Name:
Phone:	Phone:
Relationship:	Relationship:

Initial:	ORCA Policy Acknowledgement
<input type="text"/>	I understand that, as the patient or primary guarantor, I am ultimately responsible for all charges, regardless of who holds my insurance policy, whether or not paid by insurance, and for all services rendered on my behalf or on behalf of my dependents. I authorize the named insurance company to pay Orthopaedic Research Clinic of Alaska (ORCA) for those charges I have not paid in full and which are filed by ORCA on my behalf. If the insurance company pays ORCA a fee I have already paid, I understand that I will be promptly reimbursed.
<input type="text"/>	I authorize ORCA to release any medical information required by my insurance company or Workers' Compensation carrier for the processing of medical claims filed on my behalf.
<input type="text"/>	I acknowledge that I have received ORCA's Notice of Privacy Practices, which describes how medical information about me or my dependent may be used and disclosed; that all information provided by the patient or guardian is deemed private in accordance with the Health Insurance Portability and Accountability Act (HIPAA).
<input type="text"/>	All patients are expected to check out with the front desk after each visit.
<hr/>	
<b>Signature of Patient or Responsible Party</b> <span style="float: right;"><b>Date</b></span>	

ORCA Staff Initials:

Date:



## PATIENT HISTORY FORM

NAME: _____ Birthdate: ____/____/____		
Last	First	M. I.
Location of current complaint:		
Describe briefly your present symptoms:		
Date of injury or onset:		
Primary Care Provider: _____		Practice Name: _____
-Or-		
Referring Provider: _____		
Please list the names of other practitioners you have seen for this problem: _____		
Have you had a DEXA (Bone density) scan? <input type="checkbox"/> Yes <input type="checkbox"/> No Date performed: _____ Results: _____		
Workmen's Comp Case? <input type="checkbox"/> Yes <input type="checkbox"/> No Date of Injury _____ Case #: _____		
Is the injury the result of a Motor Vehicle Accident <input type="checkbox"/> Yes <input type="checkbox"/> No Date of Injury _____		

ALLERGIES			
Drug or seasonal allergies: <input type="checkbox"/> None <input type="checkbox"/> Yes (Please list below)		Latex Allergy: <input type="checkbox"/> Yes <input type="checkbox"/> No	
1) _____	Reaction: _____	3) _____	Reaction: _____
2) _____	Reaction: _____	4) _____	Reaction: _____

CURRENT MEDICATIONS		
Please list any medications that you are now taking. Include non-prescription medications & vitamins or supplements:		
Name of drug	Dose (strength & number of pills per day)	How long have you been taking this?
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		



PAST MEDICAL HISTORY		
Do you now or have you ever had:		
<input type="checkbox"/> Diabetes <input type="checkbox"/> High blood pressure <input type="checkbox"/> High cholesterol <input type="checkbox"/> Hypothyroidism <input type="checkbox"/> Goiter <input type="checkbox"/> Cancer (type) _____ <input type="checkbox"/> Heart problems <input type="checkbox"/> Psoriasis <input type="checkbox"/> Angina	<input type="checkbox"/> Heart murmur <input type="checkbox"/> Pneumonia <input type="checkbox"/> Pulmonary embolism <input type="checkbox"/> Asthma <input type="checkbox"/> Emphysema <input type="checkbox"/> Stroke <input type="checkbox"/> Epilepsy (seizures) <input type="checkbox"/> Cataracts <input type="checkbox"/> Kidney disease <input type="checkbox"/> Kidney stones	<input type="checkbox"/> Crohn's disease <input type="checkbox"/> Colitis <input type="checkbox"/> Anemia <input type="checkbox"/> Jaundice <input type="checkbox"/> Hepatitis <input type="checkbox"/> Stomach or peptic ulcer <input type="checkbox"/> Rheumatic fever <input type="checkbox"/> Tuberculosis <input type="checkbox"/> HIV/AIDS
Other medical conditions (please list):		
_____		
_____		

SURGICAL HISTORY		
Name of Operation	Date Performed	Surgeon and Location
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

PERSONAL HISTORY
Marital status: <input type="checkbox"/> Never married <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Separated <input type="checkbox"/> Widowed <input type="checkbox"/> Partnered <input type="checkbox"/> Single
What is your current or past occupation? _____
Are you currently working? <input type="checkbox"/> Yes <input type="checkbox"/> No
Smoke Cigarettes or Marijuana <input type="checkbox"/> Yes <input type="checkbox"/> No Packs per day: _____
Former smoker <input type="checkbox"/> Yes <input type="checkbox"/> No When did you quit? _____
Total years you have smoked: _____
Alcohol: Drinks per week: _____
Recreational Drugs: _____

FAMILY HISTORY				
	IF LIVING		IF DECEASED	
	Age (s)	Health & Psychiatric	Age(s) at death	Cause
Father				
Mother				
Siblings				
Children				

**SYSTEMS REVIEW**

In the past month, have you had any of the following problems?

**GENERAL**

- Weight gain: how much \_\_\_\_\_
- Weight loss: how much \_\_\_\_\_
- Fatigue
- Weakness
- Fever
- Night sweats

**MUSCLE/JOINTS/BONES**

- Numbness
  - Joint pain
  - Muscle weakness
  - Joint swelling
- Where?

**EARS**

- Ringing in ears
- Loss of hearing

**EYES**

- Pain
- Redness
- Loss of vision
- Double or blurred vision
- Dryness

**THROAT**

- Frequent sore throats
- Hoarseness
- Difficulty in swallowing
- Pain in jaw

**HEART AND LUNGS**

- Chest pain
- Palpitations
- Shortness of breath
- Fainting
- Swollen legs or feet
- Cough

**NERVOUS SYSTEM**

- Headaches
- Dizziness
- Fainting or loss of consciousness
- Numbness or tingling
- Memory loss

**STOMACH AND INTESTINES**

- Nausea
- Heartburn
- Stomach pain
- Vomiting
- Yellow jaundice
- Increasing constipation
- Persistent diarrhea
- Blood in stools
- Black stools

**SKIN**

- Redness
- Rash
- Nodules/bumps
- Hair loss
- Color changes of hands or feet

**BLOOD**

- Anemia
- Clots

**KIDNEY/URINE/BLADDER**

- Frequent or painful urination
- Blood in urine

**Women Only:**

- Abnormal Pap smear
- Irregular periods
- Bleeding between periods
- PMS

**PSYCHIATRIC**

- Depression
- Excessive worries
- Difficulty falling asleep
- Difficulty staying asleep
- Difficulties with sexual arousal
- Poor appetite
- Food cravings
- Frequent crying
- Sensitivity
- Thoughts of suicide / attempts
- Stress
- Irritability
- Poor concentration
- Racing thoughts
- Hallucinations
- Rapid speech
- Guilty thoughts
- Paranoia
- Mood swings
- Anxiety
- Risky behavior

**OTHER PROBLEMS:**

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#### HIPAA NOTICE OF PRIVACY PRACTICE

*This notice describes how medical information about you may be used and disclosed and how you can get access to this information.*

***Please review it carefully.***

#### **Your Rights**

You have the right to:

- **Get a copy of your paper or electronic medical record**  
You can ask to see or get an electronic or paper copy of your medical records and other health information we have about you. Ask us how to do this.  
We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.
- **Correct your paper or electronic medical record**  
You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this. We may say "no" to your request, but we will tell you why in writing within 60 days.
- **Request confidential communication**  
You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address. We will say "yes" to all reasonable requests.
- **Ask us to limit the information we share**  
You can ask us not to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say "no" if it would affect your care.  
If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say "yes" unless a law requires us to share that information.
- **Get a list of those with whom we've shared your information**  
You can ask us for a list (accounting) of the times we have shared your health information for six years prior to the date you ask, who we shared it with, and why.  
We will include the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make.) We will provide one accounting per year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.
- **Get a copy of this privacy notice**  
You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.
- **Choose someone to act for you**  
If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.  
We will make sure the person has this authority and can act for you before we take any action.
- **File a complaint if you believe your privacy rights have been violated**  
You can complain if you feel we have violated your rights by contacting us using the information on this notice.  
You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting [www.hhs.gov/ocr/privacy/hipaa/complaints/](http://www.hhs.gov/ocr/privacy/hipaa/complaints/).  
We will not retaliate against you for filing a complaint.

#### **Your Choices**

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Include your information in a hospital directory

- *If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.*

In these cases we never share your information unless you give us written permission:

- Marketing purposes
- Most sharing of psychotherapy notes

#### **Our Uses and Disclosures**

We typically use and share your information in the following ways:

- **Treat you**  
We can use your health information and share it with other professionals who are treating you.  
*Example: A doctor treating you for an injury asks another doctor about your overall health condition.*
- **Run our organization**  
We can use your health information to run our practice, improve your care, and contact you when necessary.  
*Example: We use health information about you to manage your treatment and services.*
- **Bill for your services**  
We can use and share your health information to bill and get payment from health plans or other entities.  
*Example: We give information about you to your health insurance plan so it will pay for your services.*

How else can we use or share your health information? We are allowed or required to share your information in other ways - usually in ways that contribute to the public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html).

- **Help with public health and safety issues**  
We can share health information about you for certain situations such as:
  - Preventing disease
  - Helping with product recalls
  - Reporting adverse reactions to medications
  - Reporting suspected abuse, neglect, or domestic violence
  - Preventing or reducing a serious threat to anyone's health or safety
- **Do research**  
We can use or share your information for health research.
- **Comply with the law**  
We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we are complying with federal privacy law.
- **Respond to organ and tissue donation requests**  
We can share health information about you with organ procurement organizations.
- **Work with a medical examiner or funeral director**  
We can share health information with a coroner, medical examiner, or funeral director when an individual dies.
- **Address workers' compensation, law enforcement, and other government requests**  
We can use or share health information about you:
  - For workers' compensation claims
  - For law enforcement purposes or with a law enforcement official
  - With agencies that provide health oversight for activities authorized by law
  - For special government functions such as military, national security, and presidential protective services
- **Respond to lawsuits and legal actions**  
We can share health information about you in response to a court or administrative order, or in response to a subpoena.

#### **Our Responsibilities**

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html).

HIPAA Compliance Officer: Ben Kennah, PA, [Ben@orcaak.com](mailto:Ben@orcaak.com)